



KY Dept. of Fish and Wildlife Resources
#1 Sportsman's Lane
Frankfort, KY 40601



COME CELEBRATE KENTUCKY BOW'S 20th ANNIVERSARY



Becoming an Outdoors-Woman (BOW) is a workshop focused on the learning of outdoor skills – skills usually associated with hunting and fishing, but useful for many outdoor pursuits. Designed primarily for women, it is an opportunity for anyone 18 years of age or older, and is for you if...

- ☐ *You have never tried these activities, but have hoped for an opportunity to learn,*
- ☐ *You are a beginner who hopes to improve your skills,*
- ☐ *You know how to do some of these activities, but would like to try your hand at some new ones,*
- ☐ *You are just looking for the camaraderie of like-minded individuals.*

**BEYOND BOW EAGLE WEEKEND ADVENTURE
FRIDAY, JANUARY 16 – SUNDAY, JANUARY 18, 2015
KENLAKE STATE RESORT PARK, HARDIN, KY**

PLEASE NOTE: THIS EVENT IS LIMITED TO 60 PARTICIPANTS

Your Beyond BOW weekend adventure will begin with a Friday dinner cruise on KY Lake aboard the CQ Princess. Saturday will be spent participating in class sessions focusing on KY's great outdoors and Sunday we will venture to Land Between the Lakes Elk and Bison Prairie to learn about Kentucky's restoration programs **(optional)**

REGISTRATION/CONFIRMATION: Registration closes December 16, 2014 or sooner if capacity of 60 is met. One person per registration form please. Please complete the registration form and mail to **** Beth Minch, PO Box 35, Stamping Ground, KY 40379**. A confirmation letter will be mailed to you along with packing suggestions, reminders and directions upon receipt of your registration and event deposit.

EVENT FEE: A \$50 event deposit covers class courses, materials, handouts, equipment, giveaways and prizes. The deposit is required with each registration to reserve a spot for this weekend. Please include any extra fees for first and second class choices registered for. Checks must be made payable to Beth Minch mailed with your registration form to the noted address above ******.

OVERNIGHT PACKAGES: To help ensure you receive the best value Kenlake State Resort Park has created several overnight packages. Please call 1 800-325-0143 and advise the operator you are part of the Beyond BOW group. Be prepared to provide your room selection (single, double, cabin...) and roommate information. Lodge rooms and cabins can hold one to six people. Your package rate will depend on the number of roommates you have and type of lodging you select. The Park package includes two night's lodging at Kenlake, three hour eagle dinner cruise, five meals beginning with dinner cruise Friday thru breakfast Sunday. **Package fees are paid directly to the Park.**

PARTICIPANTS ARE RESPONSIBLE FOR BOOKING OVERNIGHT PACKAGE WITH KENLAKE STATE RESORT PARK

CANCELLATION: Any cancellation made before December 16, 2014 will incur a \$25 processing fee from your deposit. Substitutes are accepted. Cancellations made on or after December 16, 2014 or no-shows will forfeit their entire event deposit. Kenlake State Resort Park has a separate cancellation policy. Please ask for those details at the time of your overnight package booking.

KY BOW SPONSORSHIP: A scholarship program was created to honor longtime KY BOW supporter/participant, Yvetta Reffitt. Contributions are dedicated to assist participants seeking financial assistance to the annual KY BOW weekend adventure in September. Contributions/gifts should be payable and mailed to address above ******.

QUESTIONS OR CONCERNS: Please call 1 800 858-1549 and ask for Naomi Wilson or Megan Bagby, BOW Assistants or e-mail Beth Minch, BOW Coordinator at beth.minch@ky.gov. We strongly recommend you read your registration form and confirmation letter prior to contacting us as most issues are addressed there.

WEEKEND AGENDA

FRIDAY, JANUARY 16, 2015

2pm Registration
2:30pm Welcome
3pm Eagle &
Dinner Cruise
7pm Group Activity

SATURDAY, JANUARY 17, 2015

7:30am Breakfast
8:30am SESSION II
12pm Lunch
1:30pm SESSION III
5:30pm Dinner
7pm Group Activity

SUNDAY, JANUARY 18, 2015

7am Optional Devotion
7:30am Breakfast
9am Wrap-Up
10am **Optional LBL Tour**

The Kentucky Department of Fish and Wildlife Resources is funded through the sale of hunting and fishing licenses and boat registrations. KDFWR receives no general fund tax dollars. KDFWR does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities and equal opportunity to participate in all programs and activities.

CLASS DESCRIPTIONS

PLEASE NOTE – THERE WILL BE NO RANGE TIME WITH THE FIREARM CLASSES

BASIC ARCHERY LIMITED CLASS of 15 - Learn a new outdoor skill with step by step instructions for correctly and safely shooting a bow. You'll be hitting the target in no time with an opportunity to use what you've learned on a 3-D range. Dress accordingly to be outdoors.

BASIC FISHING LIMITED CLASS of 10 - Venture into the world of fishing as you learn basic techniques, safety, casting, tackle, equipment, and bait. We will discuss fish habitat and where to find different kinds of fish and of course, go fishing as weather permits! Dress accordingly to be outdoors. **VALID KY FISHING LICENSE REQUIRED.**

HUNTING FIREARMS SAFETY AND SELECTION LIMITED CLASS of 15 – Learn the basic information and the practical training necessary to select a firearm that works best for you in the woods or on the water. Learn how to handle a shotgun or rifle appropriately and stay safe while enjoying your time in the outdoors hunting.

FIREARMS CARE AND SELECTION LIMITED CLASS of 15 – Learn the basics of cleaning and maintaining different types of firearms. Whether your interest is in shotguns, rifles or handguns, information will be provided to help select the firearm that works best for you.

HUNTING/OBEDIENCE DOG TRAINING LIMITED CLASS of 10 – In this class you will learn about training a retriever from puppy to finished hunting dog. Come join us to learn the basics of creating that great companion in the field.

PISTOL SELECTION, SAFETY AND USE LIMITED CLASS of 15 – A great class to learn the basics of pistol safety and selection for sport and/or hunting purposes covering calibers, shooting principles and marksmanship.

SOURDOUGH 101 LIMITED CLASS of 10 – Sourdough baking has been done for centuries. Our foremothers on the Mayflower used wild yeast to leaven bread, as did the pioneers going west and the '49ers. We will discuss the care and feeding of a sourdough starter and fix (and eat!) some tasty treats using sourdough. **ADDITIONAL \$5 FEE**

WINTER BACKPACKING AND CAMPING LIMITED CLASS of 15 – Learn about backpacking and camping equipment, with an emphasis on winter camping gear and techniques. You will load up a backpack and take it on a short hike, with a cooking demonstration along the way. Dress accordingly, sturdy shoes or boots are required.

WINTER TREE ID AND JOURNALING LIMITED CLASS of 10 – Winter Tree ID--Oh My! Actually it's fun and sometimes easier than ID-ing trees with their leaves on. We'll also do some basic natural journaling. If you have never journaled before, this is a great way to get started. A Winter Tree ID book and small journal will be provided. Dress accordingly to be outdoors. **ADDITIONAL \$10 FEE**

WINTER WILDERNESS SURVIVAL LIMITED CLASS of 10 – If you became lost in the wilderness during the winter, could you survive? Extremes in temperature, weather and limited food sources pose difficulties that may not be faced during warmer months. Included will be winter shelter building, foraging, simple primitive weapon use (permitted only in extreme survival situations), finding water, and making fire. Learn the essentials of keeping yourself alive until you can be rescued. Dress accordingly to be outdoors. **ADDITIONAL \$15 FEE**

The Kentucky Department of Fish and Wildlife Resources (KDFWR) hosts this workshop in partnership with support and sponsorship provided by the Kentucky Fish and Wildlife Foundation, the Yvettta Reffitt Scholarship fund and the Kentucky Department of Parks



PLEASE READ CAREFULLY AND COMPLETE FORM PROPERLY
MAKE \$50 DEPOSIT CHECK PAYABLE, INCLUDING ANY ADDITIONAL FEES OF CLASSES TO BETH MINCH
MAIL COMPLETED FORM AND DEPOSIT TO: BETH MINCH, P.O. BOX 35, STAMPING GROUND, KY 40379

NAME _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

E-MAIL _ (PRINT CLEARLY) _____

EMERGENCY CONTACT _____ PHONE _____

I HAVE CONFIRMED MY KENLAKE STATE RESORT PARK PACKAGE: YES _____ NO _____

I may be exposed to some environmental/physical risk due to the nature of the event. I assume full responsibility for any intentional action or injury that may result from my participation. I understand and accept that photographs/videos may be taken during sessions to be used in future support of BOW. I understand organizing the BOW adventure takes place months in advance and every effort is made to offer all scheduled activities. However, in the event of an unforeseen and unavoidable event of a class/event cancellation or instructor change, BOW will provide excellent alternatives should the situations arise.

APPLICANT SIGNATURE _____ DATE _____

THIS WORKSHOP CONSISTS OF TWO, 3-HOUR SESSIONS. PLEASE SELECT YOUR TOP FOUR CHOICES.
MARK YOUR TOP CHOICE WITH THE NUMBER 1, SECOND CHOICE WITH THE NUMBER 2 AND SO ON WITH 3 AND 4.
SESSIONS ARE LIMITED AND ARE FILLED ON A FIRST-COME, FIRST-SERVED BASIS.
PLEASE SELECT YOUR COURSES CAREFULLY; YOU CANNOT CHANGE YOUR SCHEDULE AT THE WORKSHOP.
AS COURSES FILL, YOU ARE ASSIGNED YOUR 3RD OR 4TH CHOICE.

_____ Basic Archery LIMITED CLASS of 15

_____ Basic Fishing LIMITED CLASS of 10 / **PARTICIPANTS MUST HAVE A VALID KY FISHING LICENSE**

_____ Hunting Firearms Safety and Selection LIMITED CLASS of 15

_____ Firearms Care and Selection LIMITED CLASS of 15

_____ Hunting/Obedience Dog Training LIMITED CLASS of 10

_____ Pistol Selection, Safety and Use LIMITED CLASS of 15

_____ Sourdough 101 LIMITED CLASS of 10 / **ADDITIONAL \$5 FEE**

_____ Winter Backpacking and Camping LIMITED CLASS of 15

_____ Winter Tree Identification and Journaling LIMITED CLASS of 10 / **ADDITIONAL \$10 FEE**

_____ Winter Wilderness Survival LIMITED CLASS of 10 / **ADDITIONAL \$15 FEE**

_____ **YES**, I would like to participate in the **OPTIONAL** LBL Elk & Bison Prairie van tour 10:00am Sunday morning. Participants will travel by van to a 750 enclosed acre portion of LBL. Explore, listen and learn about not only the native wildlife in the prairie but also the successful elk restoration program the KY Department of Fish & Wildlife Resources has created in Eastern KY.